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Birth Plan Patient Information

All of us at OBGYN Group of Eastern Connecticut would like to congratulate you. Whether this is your first pregnancy or not, we understand that this is a very special time. It is our policy to provide you with the best obstetrical care and to do all that we can to ensure the well-being of both you and your unborn child.

Although we make every attempt to respect your requests for a birth plan, we feel it is necessary to advise you of our group policy to provide the best medical care possible.

At the discretion of the physician it may be necessary to:

1. Continue monitoring for the welfare of your unborn child
2. Rupture membranes
3. Perform an episiotomy
4. Utilize medications or delivery techniques to hasten delivery; if necessary, for the well-being of you or your baby.

The physician and only the physician is capable of directing the medical necessity for any of these procedures. If for any reason you choose not to concur with our policies, we will have to recommend you seek your obstetrical care with another physician or group more suited to your needs. Upon your written authorization, we will transfer your records.

We look forward to the opportunity to continue your care with us knowing that we have a mutual respect for each other's wishes to provide you the best medical care.
