

Maryanne McDonnell, M.D.
 Pamela L. Lewis, M.D.
 Martin J. Hancock, M.D.
 Katerina M. Michaels-Bogdan, M.D.
 Danielle M. Grieco, M.D.
 Sreedhar Tallapureddy, M.D.
 Sarah E. Graceffa, M.D.



Russell S. Medbery, FNP, CNM
 Michelle E. Killingsworth, MSN, CNM
 Suzanne M. Barton, MSN, CNM

MENSTRUAL RECORD CHART

Patient Name: _____

DOB: ___/___/___

	Day of Month																														
Month	1	2	3	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
January																															
February																															
March																															
April																															
May																															
June																															
July																															
August																															
September																															
October																															
November																															
December																															

X = MENSES

F = FLOODING

H = HEAVY

S = SPOTTING

ECHN Medical Building
 2600 Tamarack Avenue, Suite 200
 South Windsor, CT. 06074
 Tel: (860)646-1157
 Fax: (860)646-9877

Glastonbury Wellness Center
 622 Hebron Avenue, Suite 104A
 Glastonbury, CT. 06033
 Tel: (860)646-1157
 Fax: (860)646-9877